

Update on End of Life Care initiatives


*Blackpool
Clinical Commissioning Group*

Hospice at Home pilot

- The pilot started on 1 September 2014.
- An event was held in November 2012 to identify the gaps for end of life care, and due to the lack of sufficient evening provision this was prioritised.
- The pilot is funded by Blackpool and Fylde and Wyre CCGs and Trinity Hospice. The provision is over 7 days between the hours of 10pm and 8am and the service works closely with the other established out of hours services including Marie Curie and Blackpool Council.
- The pilot aims to improve the quality of services for patients at the end of life, enabling them to be cared for and die in the place of their choice and avoiding inappropriate hospital admissions.

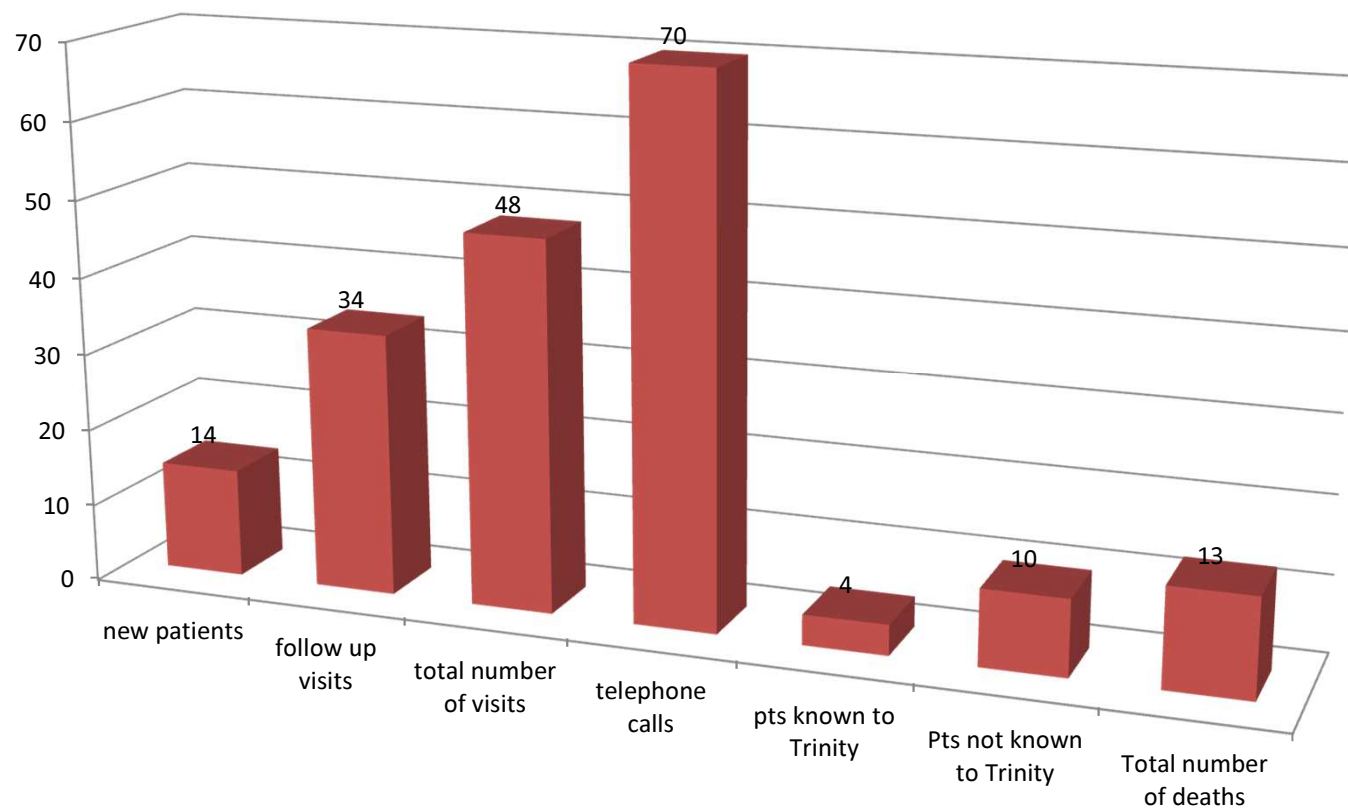
Hospice at Home pilot

Details of what the service provides :-

- Via a community care plan, Hospice at home trained nurses and healthcare assistants can help support patients and families overnight to manage care at home, monitor the patient's condition and deal with any changes that occur. They can assist with a range of nursing needs such as breathing management, nausea and pain, and the management of medication issues including setting up syringe pumps
- Hospice at Home trained nurses are able to administer prescribed medications to alleviate symptoms, whilst the senior healthcare assistants can assist with all aspects of personal care.
- The Hospice at Home team provides practical advice and emotional or psychological support to patients and those caring for them.
- Patients will be handed back to the usual caring team in the morning.
- Where complex specialist palliative care needs are apparent the patient will be referred to the Trinity Clinical Nurse Specialist team.

Hospice at home activity

Hospice at Home week commencing 15th September 2014



Education and Training

- Two successful bids have been submitted for multi-professional education and training monies (MPET) for 2013/14 and 2014/15.
- The funding for 2013/14 was used for a range of education programmes including bereavement and listening skills training for learning disability teams, to develop a rolling programme on end of life prescribing to support pharmacists and non medical prescribers, to deliver Mental Capacity Act, advanced care planning and DOLS training for community and primary care staff, end of life updates for GPs and practice staff including an education event.
- The aim for 2014/15 funding is to recruit a nurse based in the community to in reach into A&E and the wards. They will link with the community teams, including rapid response, GP practices and hospice at home teams to enhance community care.
- An educational rolling programme has been developed which can be accessed by health, social care, care homes and voluntary sector staff.

DNACPR forms

- New Do not attempt cardio- pulmonary resuscitation (DNACPR) forms have been developed across Blackpool and the Fylde Coast.
- They are available to be used in any health care setting.
- The forms are transferable between health care settings.

Gold Standard Framework (GSF) for care homes

- This is a national programme of education for Care Homes.
- 23 homes are registered on the education programme in Blackpool and have completed the educational workshops.
- To date 10 homes have successfully completed the GSF national accreditation process and now recognised nationally as a GSF accredited home.
- A further two homes are in the process of accreditation with the results due in March 2015 and if successful will take the total of accredited homes in Blackpool to 12. The remaining 11 homes whilst not completing the formal accreditation process are at various levels of implementation of GSF and follow the process of best practice.
- A further 24 care homes in Blackpool have received end of life training via the less informal Blackpool model based on the national document 'Routes to Success'.

Care of the Dying Pathway

- Following the public consultation on the Liverpool Care Pathway (LCP), 'The More Care Less Pathway' document recommended the withdrawal of the LCP in July of this year.
- On the Fylde Coast the Individualised Care of the Dying Person was developed for cross boundary use.
- A pink checklist has been developed giving prompts for the 5 recommended priorities of care, the pink check list is placed in the patients notes and acts as a marker for the transition of care.
- To support the implementation of the new documentation a robust training programme has been developed and delivered in all care settings including community, acute hospital and Trinity Hospice.
- Supportive documentation has been developed and available including guidance for Doctors and nurses, an end of life information leaflet for families and carers.
- A communication diary that is offered to families and carers was recommended in the report is currently under development.